What is Tashi Deley?

"Tashi Deley" (taa-**she** duh-**lei**) is a greeting used in Tibet. Instead of saying "hello", a Tibetan person will press their hands together and say "Tashi Deley," which means "I honor the greatness in you."

Every person on this Earth is different. It is important to recognize and honor these differences. We must "honor the greatness" in human beings of all races, religions, and cultures. When we do, we will begin to see each other in a new way and honor the beauty in diversity.

Greet 5 people by saying "Tashi Deley" and share with them its great meaning.

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