What is social distancing?

I’m wondering what social distancing means? I’ve been hearing it a lot!
Social distancing means keeping extra space between myself and other people.

But, it doesn’t mean I can’t be social and talk to my friends!!
It’s more like physical distancing. I need to keep my body 6 feet away from other people’s bodies.

This might happen at a store, at school or in other places where there are a lot of people.
In school, our desks might need to be 6 feet apart.

We might not be able to sit right next to a friend on the school bus.
But, even though we won’t be sitting right next to each other, our teachers will help us find ways to play and have fun anyway!

It’s usually okay to be closer to my parents and family. My parents will tell me who I can be physically closer to.
The reason we need to have social distancing is because of a virus called Coronavirus. This virus can make people sick. Social distancing can help so we don’t get sick.

When Coronavirus is gone, we will be able to be physically closer to other people again!
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Love,

Tara Tuchel
Speech/Language Pathologist